MAYFIELD PRE-OWNED SUPERSTORE

2010 DODGE JOURNEY SXT STK164339A — $8,888

2009 HONDA ACCORD COUPE STK164327 — $9,988

TEXT FOR A CAR >> 780-700-3620

- 2010 FORD FOCUS SE STK164030 — $7,888
- 2012 FORD FOCUS SE STK164420 — $10,888
- 2011 HYUNDAI ELANTRA LIMITED STK164430 — $11,888
- 2014 DODGE DART STK164457 — $11,888
- 2012 HYUNDAI VELOSTER TECH STK164468 — $11,888
- 2012 HONDA CIVIC STK164413 — $12,888
- 2011 CHEVROLET CRUZE STK164414 — $13,888
- 2013 DODGE DART GT TURBO STK164409 — $14,888
- 2012 TOYOTA CAMRY HYBRID XLE STK160988A — $15,888 (SUNROOF)
- 2014 MITSUBISHI LANCER AWC STK164411 — $16,888
- 2013 HONDA ACCORD EX STK1602591A — $16,888
- 2012 DODGE JOURNEY R/T AWD STK1602491B — $17,888
- 2010 CHEVROLET CAMARO 2SS STK1602476A — $22,888
- 2013 TOYOTA AVALON STK1602276A — $22,888 (LOADED)

TEXT FOR AN SUV >> 780-700-3620

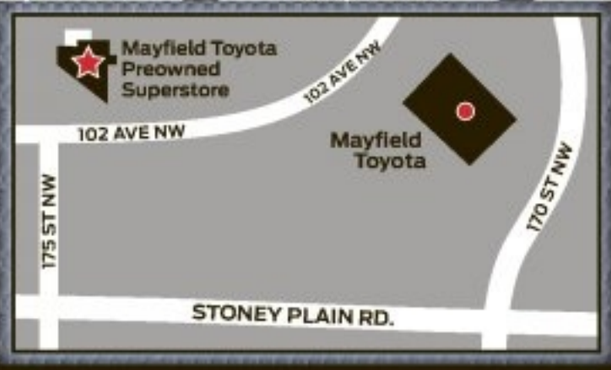
- 2011 TOYOTA RAV4 SPORT STK162376 — $18,888 (V6 LEATHER)
- 2011 TOYOTA RAV4 SPORT V6 STK164402 — $18,888
- 2014 CHEVROLET EQUINOX AWD STK160299A — $18,888
- 2014 FORD ESCAPE SE AWD STK164382 — $19,888
- 2012 BMW X1 PREMIUM STK1602219A — $19,888
- 2011 BUICK ENCLAVE CXL STK164438 — $22,888 (LEATHER/SUNROOF)
- 2016 HYUNDAI SANTA FE AWD STK164392 — $23,888
- 2014 NISSAN PATHFINDER PLATINUM STK1602146A — $26,888
- 2014 NISSAN PATHFINDER PLATINUM STK1602146A — $27,888
- 2015 TOYOTA RAV4 STK1602321A — $31,888 (TECH PACKAGE)
- 2014 AUDI Q5 HYBRID STK1602172A — $33,888
- 2015 TOYOTA HIGHLANDER XLE STK1602249B — $37,888 (LEATHER/SUNROOF)
- 2015 TOYOTA HIGHLANDER LTD STK1602436B — $38,888
- 2014 AUDI Q7 STK1662602A — $48,888 (TRIPLE BLACK)

TEXT FOR A TRUCK OR VAN >> 780-700-3620

- 2012 CHRYSLER TOWN & COUNTRY STK1602592A — $16,888
- 2012 CHEVROLET 1500 R/C 4X4 LS STK1602212B — $18,888
- 2009 TOYOTA TACOMA CREW 4X4 SPORT STK170550A — $23,888 (LEATHER)
- 2012 FORD F150 CREW 4X4 XTR SPORT APPEARANCE STK164484 — $25,888
- 2011 TOYOTA SIENNA LE AWD STK164497 — $26,888
- 2014 RAM 1500 CREW 4X4 HEMI STK1740002A — $26,888
- 2015 NISSAN TITAN CREW 4X4 STK164534 — $29,888
- 2016 RAM 1500 CREW 4X4 SLT HEMI STK164538 — $33,888
- 2016 FORD F150 CREW 4X4 XLT+ STK164579 — $35,888
- 2013 TOYOTA TUNDRA CREW 4X4 STK162417A — $35,888 (LEATHER)
- 2015 RAM 3500 CREW 4X4 SLT STK164565 — $37,888
- 2014 TOYOTA SIENNA XLE AWD STK170290A — $38,888
- 2015 TOYOTA TUNDRA TRD OFF ROAD 4X4 STK170343A — $39,988
- 2011 FORD F350 CREW 4X4 LARIAT POWERSTROKE DIESEL STK170193A — $40,888

2011 TOYOTA RAV4 SPORT V6 STK1602502B — $13,888

NEW LOCATION!



2012 DODGE JOURNEY CREW STK164300 — $15,888

MAYFIELD TOYOTA SCION

17456-102 Avenue
780-420-1111
www.mayfieldtoyota.com

AMVIC

**90 DAY GUARANTEE DOES NOT QUALIFY ON ANY WHOLESALE UNITS SOLD. VEHICLES MAY NOT BE EXACTLY AS ILLUSTRATED. ALL UNITS PLUS GST. FREE OIL CHANGES FOR LIFE ONLY ON CERTIFIED UNITS. WHOLESALE, MECHANICAL SPECIALS DO NOT APPLY. ALL UNITS IN STOCK AT TIME OF PRINTING. SALE PRICES END 9PM TODAY.

TOYOTA BOXING MONTH EVENT

REBATES UP TO $4,000

TruePRICE by Toyota on the Trail

UP FRONT PRICING. NO HIDDEN FEES.
JUST ADD GST. No Charge Lifetime Oil Change Package*

2017 CAMRY LE UPGRADE

STK#H343834 — WAS $29,545

$157 BW — NOW $25,488

2017 COROLLA CE AUTO

STK#H770200 — WAS $21,890

$126 BW FOR 84 MONTHS AT 2.49% APR — NOW $19,888

2017 RAV4 LE AWD

HEATED SEATS, BACK UP CAMERA

STK#H546754

$184 BW — WAS $32,260 NOW $29,888

2016 PRIUS UPGRADE DEMO

WINTER TIRES INCLUDED!

STK#G506314 — WAS $29,547

$149 BW — NOW $24,388

2017 TUNDRA CREWMAX 4X4

STK#H584137 — WAS $49,417

$273 BW — NOW $44,488

2016 4RUNNER SR5 UPGRADE

4X4, LEATHER, MOONROOF, NAVIGATION

STK#G378642 — WAS $47,434

$276 BW — NOW $44,888

EARN AEROPLAN MILES Now you can earn Aeroplan Miles when you purchase, test drive or service your Toyota Vehicle at Toyota On The Trail

aeroplan — 250 AEROPLAN MILES — 5,000 AEROPLAN MILES — EARN 2 AEROPLAN MILES

WHEATON TOYOTA ON THE TRAIL

5210 Calgary Trail Edmonton Ab.

780.809.4685

www.toyotaonthetrail.ca

NEW VEHICLE PAYMENTS BASED ON 96 MONTHS @ 4.99% APR EXCEPT H770200 WHICH IS $126 B/W X 84 MONTHS @ 2.49 % APR OAC COB $1883. EXAMPLE H546754 $184 B/W X 96 MONTHS @ 4.99% APR OAC COB $6709. SALE PRICES NET OF MANUFACTURER'S INCENTIVE WHERE APPLICABLE. VEHICLE MAY NOT BE EXACTLY AS SHOWN. OFFER ENDS JAN 31, 2017.

Edmonton metro

THURSDAY, JANUARY 19, 2017

FEATURED DEALS OF THE WEEK

Genuine Leather Motion Living Rooms

LEGATO LIVING ROOM SET

Two Piece Living Room includes: Italian Leather Reclining Sofa with Drop Down Table and Matching Reclining Loveseat with Console.

$1498

ARIA LIVING ROOM SET

3 Piece Living Room includes: Italian Leather Reclining Sofa, Reclining Loveseat & Wallaway Recliner Chair. Features 5 Recliners.

$1998

NEVER PAY HIGH RETAIL MARK UP AGAIN

FAMOUS BRAND NAMES 40-80%OFF

NO HAGGLE PRICES EVERYDAY

Furniture Superstore™.ca

780-430-1999 • 3925-99 STREET

On January 25, let's talk.

On January 25, Bell will donate 5¢ more to mental health initiatives for every:

- Text message*
- Mobile and long distance call*
- Tweet and Instagram post using #BellLetsTalk
- Facebook video view
- Snapchat using the Bell Let's Talk geofilter

bell.ca/letstalk

Bell Let's Talk

Howie Mandel

*Mobile calls, long distance calls and text messages must be made and sent by a subscriber. Regular charges apply.

Is online car shopping ?
Try KochFord.com
Koch

Edmonton metro

Your essenti

THURSDAY, JANUARY 19, 2017

High 4°C/Low -4°C Pleasant

Another year, another heat record broken
metroNEWS

The almost too exact provenance of food at a local fish market
metroNEWS

Hi, I'm Harold, an Atlantic Cod caught on Nov. 16 off the coast of Iceland. I was caught by a crew on the Kolbeinsey EA-252. I'm three pounds, and I arrived in Edmonton 36 hours after I bit the hook. I took a jet.

Boyden's Edmonton appearance cancelled

metro EXCLUSIVE

City makes move after indigenous elders expressed concerns

Jeremy Simes
Metro | Edmonton

City officials have cancelled Joseph Boyden's scheduled appearance at an upcoming conference after hearing concerns from local indigenous elders about the author.

Boyden, who was scheduled to present at the city-sponsored Winter Cities Shake-Up conference in February, came under fire in December after an investigation by the Aboriginal Peoples Television Network (APTN) questioned his claims of indigenous ancestry.

Coun. Scott McKeen, who sits on a committee overseeing the Winter Cities Shake-Up, said the decision was tough.

"Indigenous relations and reconciliation are some of the highest values for Edmonton," McKeen said. "We did outreach to elders and we heard enough concern that we decided that we would cancel his speaking engagement."

The Winter Cities Shake-Up will showcase Edmonton's winter-city strategies. Boyden, who was to share stories of winter, was scheduled prior to APTN's investigation.

But Boyden will nonetheless be coming to Edmonton.

The author, who has clarified his ancestry since the APTN story, is scheduled to speak at an Edmonton Public Library event on April 27.

Tina Thomas, the library's executive director of strategy and innovation, said officials discussed whether to cancel, but quickly decided Boyden will still speak.

"One of the fundamental values of the public library is intellectual freedom, and the idea that people have the right to express their views," Thomas said.

"We invited Joseph Boyden because he's an internationally renowned author, and that hasn't changed."

McKeen understands people could criticize the committee for potentially censoring Boyden, but said censorship is more relevant to a literature event than a winter conference.

"You sort of recognize the winter story gets lost, and that we don't want, either," he said. "It's not like we're riding on Boyden. The conference is unique in the world and it's really something to be proud of, so why put any stain on that through controversy?"

The National Speakers Bureau — Boyden's representative for the Winter Cities Shake-Up conference — didn't comment by press time after Metro made phone calls.

WITH FILES FROM ALEX BOYD/METRO

"Indigenous relations and reconciliation are some of the highest values for Edmonton.
Coun. Scott McKeen

90 DAY GUARANTEE

MAYFIELD TOYOTA SCION

JANUARY 19TH THROUGH JANUARY 31ST

OFFSITE MEGA-SALE

FORMER TARGET BUILDING

WEST EDMONTON MALL • 8882-170 STREET NW

HUGE SELECTION OF VEHICLES – 300 USED CARS IN INVENTORY!

0 PAYMENTS FOR UP TO 90 DAYS!

MONEY DOWN!!

UPGRADE TODAY!! AT NEAR OR BELOW YOUR CURRENT PAYMENT!

FREE LIFETIME OIL CHANGES

NO GST! NO FEES!

OVER 30 CARS WITH PAYMENTS UNDER $200/MO

MASSIVE SALES EVENT!

OVER A HUNDRED MAKES AND MODELS TO CHOOSE FROM!

DRASTICALLY REDUCED PRICES – DON'T MISS YOUR CHANCE TO SAVE BIG!!

AMVIC Alberta Motor Vehicle Industry Council

13 DAYS ONLY! JANUARY 19TH - 31ST, 2017

metro NEWS
Your essential daily news

Obama's farewell message: 'I think we're going to be OK.' World

Child-youth advocate launches LGBTQ report

METRO EXCLUSIVE

Probes stigma, harassment in welfare and justice systems

Kevin Maimann
Metro | Edmonton

Alberta's child and youth advocate is building its first-ever report to protect "LGBTQ2S" youth in the child welfare and youth justice systems, after an outcry from young people about the stigma and harassment they endure.

The office is calling on youth who identify as lesbian, gay, bisexual, transgender, queer/questioning or two-spirited to share their experiences for the report, which will eventually make a series of recommendations to the government this fall.

"The fact that there needs to be changes is what we've heard over and over again," child and youth advocate Del Graff told Metro Wednesday.

Up to 40 per cent of homeless youth in Alberta are members of the LGBTQ2S community, according to numbers posted on the organization's website.

The site notes harassment, stigma and rejection faced while in care contribute to youth running away, having emotional problems and having limited support networks.

"For example, if a young person is transgender and there is not accommodation for that or even recognition of that, that becomes a barrier to the relationships that they have in a setting," Graff said.

"If you couldn't be who you are, you wouldn't feel comfortable.

"And we're talking about where young people are living."

The last time the office undertook a special report was in 2014 to address the welfare of indigenous children in government care.

Graff said that while it's unclear at this point what the changes coming out of this report will look like, it is clear that the systems need guidance.

He is also reaching out to social workers and groups that provide services to sexual and gender diverse youth.

Kristopher Wells, faculty director of the University of Alberta's Institute for Sexual Minority Studies and Services, said the voices of queer youth themselves will be the most important piece.

"We know that LGBT youth are often over-represented in issues of homelessness, street involvement, and within the issues of sexuality and gender identity are often poorly understood within the care network," Wells said.

"So it's fantastic to shine a spotlight on these issues and hopefully provide the tools and resources to enable the child and youth care system and workers to do a better job."

LGBTQ2S youth face a 14 times higher risk of suicide and substance abuse compared to cisgender youth, according to a recent Canadian Mental Health Association study.

Child and youth advocate Del Graff will be making a report to government. KEVIN TUONG/FOR METRO

> The fact that there needs to be changes is what we've heard over and over again. Del Graff

GOVERNMENT CARE

13 to sit on safety panel

Child and youth advocate Del Graff says he is "quite pleased" with the three experts brought in by the Alberta government to sit on a panel that will study how to keep children in government care safe.

The 13-member panel, finalized Wednesday, includes Patti LaBoucane-Benson with Native Counselling Services of Alberta, Bruce MacLaurin with the faculty of social work at the University of Calgary and Peter Choate, who teaches social work and child mental health at Calgary's Mount Royal University.

"These are people that know the business of child welfare, they know what the issues are," Graff said.

It will be filled out by representatives from all parties in the Alberta legislature.

Debbie Jabbour, the NDP MLA for Peace River, will chair the panel. Human Services Minister Irfan Sabir will sit as an ex-officio member.

Opposition members on the panel include Wildrose human services critic Jason Nixon, Progressive Conservative interim Leader Ric McIver, Alberta Party Leader Greg Clark and Liberal Party Leader David Swann.

Premier Rachel Notley announced the panel in December, in response to slow action in the case of a four-year-old girl named Serenity, who died while in the care of extended family.

KEVIN MAIMANN/METRO EDMONTON WITH FILES FROM THE CANADIAN PRESS

ANNOUNCEMENT

Southgate Audi is proud to welcome these Audi Specialists to our team.

Together, they bring over 30 years of experience. Stop in and see them today!

Audi
Edmonton's Original Audi Store
Southgate Audi
Driving satisfaction.
1235 - 101 street
780.462.2834
southgateaudi.com

Small change, big infill

DEVELOPMENT

Council passes motion to alter lot size and ease housing crunch

Jeremy Simes
Metro | Edmonton

In a change that shows the power of the centimetre, city council drew new lines Wednesday that could allow 4,000 lots be split and for skinny homes to be developed on them in Edmonton's mature neighbourhoods.

The amazing part? The change was only 10 centimetres.

Councillors passed a motion at the urban planning committee Wednesday that would allow the minimum lot width for skinny homes be at least 7.5 metres instead of the current 7.6 metres.

The change may seem meaningless but is in fact powerful.

The decision — which will go to a public hearing next month for further debate — comes after the city discovered lots were 14.9 metres (rather than the typical 15.2 metres) due to archaic surveying methods.

Sherri Shorten, an architect in Edmonton, proposed the city look at the 'pork-chop' model to make infill development work for everyone. JEREMY SIMES/METRO

Infill woes

The motion came after councillors debated the next steps of Edmonton's infill plans, as administration will begin focussing on mid-rise projects along main road corridors near transit hubs.

But Coun. Ben Henderson wasn't pleased with how the city was allowing some new developments to bend the rules. That includes apartments being built on small lots and allowing homes to have side entrances.

"Having some of these large variances in there doesn't help build that trust with the community," Henderson said.

Want a pork-chop?

Infill affordability was also raised during the debate, as new skinny homes are largely made for people with fat wallets.

> **Having some of these large variances in there doesn't help build that trust with the community.**
> Coun. Ben Henderson

Sherri Shorten, an architect in Edmonton, presented committee with an affordability solution in the form of "pork-chop" lots.

Such lots are divided horizontally, where small and affordable homes would face the back alley while a taller home would face the street.

Kalen Anderson, director of planning with the city, said the pork-chop model is worth thinking about.

"With this nodes and corridors approach, we can talk about different types of housing, which also has different price points for a more inclusive community."

POLITICS

Campaign strategist asks to be reinstated

A campaign organizer banished from the Alberta PC party for a year for offensive posts on social media said Wednesday he was filing paperwork asking to be reinstated.

Alan Hallman said he was denied due process to tell his side of the story.

"I've never once been asked to defend myself on this. I wasn't even aware this was going on," Hallman said in an interview.

"Where is the due process through this? They are smearing my reputation through the media with no opportunity for me to defend myself."

Troy Wason, the party's executive director, declined to say what will happen when Hallman's paperwork is delivered or whether Hallman will get a hearing. Party president Katherine O'Neill could not be reached for comment.

Hallman has apologized for the messages but says he is not even aware who, if anyone, filed a complaint against him.

THE CANADIAN PRESS

SUITS STARTING FROM $895 | MADE-TO-MEASURE DRESS SHIRTS FROM $250 (or 2 for $430)

Make your statement. There's no better time to experience the luxury of personalization than Harry's Made-to-Measure Sale. Choose a premium fabric from the world's leading mills. Decide on your lapel style, pocket treatment, vent options and more. Then, allow our Clothing Advisors to fit you with a Canadian-crafted suit by J.P. Tilford Samuelsohn or Coppley, starting at just $895 and backed by our lifetime maintenance guarantee. You've waited long enough. Define yourself in the details. Sale ends February 12.

THERE'S ONLY ONE HARRY.

J.P. TILFORD SAMUELSOHN | 1883 COPPLEY

HARRY ROSEN
HARRYROSEN.COM

WEST EDMONTON MALL 780.444.1637

Nothing fishy about where these're caught

BUSINESS

Know-your-food trend's on the line and many sellers are reeling it in

Lucy Haines
For Metro | Edmonton

Knowing where your food comes from is a consumer trend that's paying dividends for Edmonton seafood retailer Ocean Odyssey Inland.

"We're breaking sales records by leaps and bounds since our relaunch. Not all businesses are suffering in today's economy," said co-owner Pat Batten, who with husband Darrell expanded the shop several months ago to a west-end site.

Part of that growth is latching on to the know-your-food trend, they said.

"We can tell you the boat the fish comes from — even the fisherman's name. We follow the fish from the source: how it's handled and shipped. It's a specialty product, but a lot of customers want quality food, and they'll invest in buying and cooking it at home," Batten said.

The know-your-food trend is becoming mainstream, said Sylvain Charlebois from the University of Guelph's Food Institute.

"Consumers are increasingly concerned about where their food comes from, so environmental impact, animal welfare, natural versus artificial, and supply-chain transparency influence their buying decisions, making values often matter more than value," he said.

Chef Daniel Letourneau
KEVIN TUONG/FOR METRO

From B.C. Coho and red spring salmon to weekly shipments of Icelandic cod, redfish, haddock and the number-one seller, Arctic Char (put out fresh every Thursday thanks to Icelandair's weekly Edmonton stop), Odyssey chef and general manager Daniel Letourneau said buyers on a budget are downsizing portions.

A longtime vendor with the farmers' market, Ocean Odyssey offers products from fellow vendors like Fuge Fine Meats, Meat Street Pies food truck, Luba's Tortes and Sunshine Organics.

"Going out to eat may take a dip these days, but people still have to eat," said Letourneau. "They're coming here."

LAW ENFORCEMENT

Officer leads police while facing charges

The Calgary Police Association continues to be led by an officer who has been charged with perjury and assault with a weapon, a vice-president with the 2,200-member union said Wednesday.

Mike Lomore, the association's vice-president of administration, said Sgt. Les Kaminski remains president, but the organization's board is weighing options and consulting members.

The Alberta Serious Incident Response Team, the province's police watchdog, announced charges Tuesday against Kaminski and another officer, Const. Brant Derrick, who is accused of assault causing bodily harm.

"We support both officers facing these charges," Lomore said. "They're only allegations right now."

The charges stem from a 2008 traffic stop in downtown Calgary that resulted in the arrest of Jason Arkinstall, who was charged with uttering threats against Derrick.

Arkinstall was acquitted in 2011.

Lomore said he can't understand why so much time passed between the arrest and charges being laid against the officers.

"This is ridiculous and it shouldn't happen. These officers have suffered a great deal of stress. Their names are being besmudged in the press as to what they're involved in," he said.

Lomore said he's known Kaminski for a long time and "he's a good man."

Supt. Steve Barlow with the Calgary Police Service said Tuesday a review was conducted after the 2011 trial, but it was determined that a wider investigation was not necessary. He said that in hindsight the police should have investigated.

THE CANADIAN PRESS

CORRECTION

A Canadian Press story Jan. 17 said the total direct and indirect costs of last spring's Fort McMurray wildfire were almost $10 billion. The researcher has provided updated information that downgrades that number to almost $8.9 billion.

THE MAJESTIC PALACE (BANQUET & CONFERENCE CENTRE) PRESENTS...
SUZY'S Show & Shop
MARKET + TRADE SHOW
located inside
Sands Inn & Suites
12340 Fort Road NW
Edmonton, AB T5B 2B9
2017 DATES
February 17-19
May 5-7
June 9-11
July 7-9
August 25-27
September 22-24
October 13-15
November 17-19
December 1-3
shop local
free admission
handmade, wedding/event, and direct sales vendors + shops
door prize draw
bar will be open
vendor tables now available ($45/day)
Call 780.655.1145 for details
CHECK OUT OUR EVENTS ONLINE AT bit.ly/suzysshowandshop

Why Canada is sending immigrants back home

LAW

Permanent residency revoked over non-compliance

An average of about 1,400 Canadian immigrants are intercepted at the border each year and ordered removed from the country for not fulfilling their residency obligations, Torstar has learned.

Although these newcomers can appeal to a tribunal to restore their permanent resident status, only one in 10 succeeds, according to government data.

"The tribunal is supposed to be immigrants' last resort as the Parliament has given it the discretionary power to give immigrants a second chance if they breach the law," said immigration lawyer Lawrence Wong, who obtained the data through an access to information request.

"But that second chance in reality is hard to come by. The national sentiment is pretty much the same. If you are an immigrant, don't make a mistake. If you do, we want to see you kicked out."

Canada's immigration law requires permanent residents to be physically present in Canada for at least 730 days in every five-year period. COURTESY GOVERNMENT OF CANADA

Canada's immigration law requires permanent residents to be physically present in Canada for at least 730 days in every five-year period in order to maintain their status. Otherwise, their residency will be revoked.

According to the Canada Border Services Agency, on average 1,423 permanent residents a year were stopped at the border for failing the requirement from 2010 to 2014, the most recent statistics available. During the period, Canada accepted some 260,000 newcomers annually.

The number of removal orders issued against these individuals had risen sharply to 1,413 in 2014 from 605 in 2008, when former Conservative Immigration Minister Jason Kenney cracked down on fraud.

Across Canada, Quebec had the highest detection rate; more than a third of the removal orders were issued in the province.

Between 2008 and 2014, a total of 3,575 immigrants were slapped with removal orders for residency non-compliance at Pierre Elliot Trudeau airport in Montreal, dwarfing the 439 and 972 people respectively intercepted at Toronto's Pearson airport and the Vancouver International Airport.

The numbers do not include those who had their permanent residency revoked due to criminality and misrepresentation, who were refused travel documents to return or who voluntarily relinquished their permanent residence. TORSTAR NEWS SERVICE

1,423

Average number of Canadian immigrants who are intercepted at the border each year and ordered removed from the country for residency non-compliance.

QUEBEC

Anglophones angered by Trudeau town hall

Quebec's deep-rooted linguistic tensions flared up in unlikely fashion Wednesday as Prime Minister Justin Trudeau was forced to explain why he refused to answer questions in English at a town hall meeting.

The controversy erupted when Trudeau answered English questions in French on Tuesday night — including one about how English speakers could get help to access to mental health services.

"Thank you for using our country's two official languages, but since we're in Quebec I'll respond in French," Trudeau told a woman at a town hall meeting in Sherbrooke.

His unilingual performance drew an angry response from groups that represent Quebec anglophones, with some calling on the prime minister to apologize for showing what they called disrespect toward the English speakers in the audience.

Asked whether the English-speaking people in the audience Tuesday night did not deserve to understand him, he replied: "I maybe could have answered partly in English and partly in French and, on reflection, it would have been a good thing to do." THE CANADIAN PRESS

Justin Trudeau visits a restaurant Wednesday in Granby, Quebec. RYAN REMIORZ/THE CANADIAN PRESS

ASK ABOUT OUR EVENING CLASSES!

CDI am a network administrator

EARN A MEDIAN WAGE OF $33.65/HR*

Build skills to successfully manage and maintain computer and network installations. Prepare for certification exams and improve your career prospects. Apply today and earn a diploma within a year!

CDI college business · technology · healthcare

1.800.675.4392
NETWORKING.CDICOLLEGE.CA

Financial assistance may be available to qualified applicants. | *jobbank.gc.ca

CAREER TRAINING ON YOUR TERMS

Your interests are unique to you. So is our learning environment.

Only Academy of Learning lets you develop the skills that matter to you with our hands-on, self-paced, personalized, one-on-one supported Integrated Learning System.

DOWNTOWN (780) 424-1144
MILL WOODS (780) 433-7284
CALLINGWOOD (780) 496-9428

Academy OF LEARNING CAREER COLLEGE

www.academyoflearning.ab.ca

Inaugural needs to unify

GOVERNMENT

Experts say speech should be 'inherently inspirational'

Experts say it's time for Donald Trump to make it clear that he intends to make America great for all Americans, not just the ones who supported him. DREW ANGERER/GETTY IMAGES

Tradition suggests it's time for Donald Trump to set aside the say-anything speaking style and rise to the inaugural moment.

But bucking tradition, or ignoring it altogether, is what got Donald Trump to his inaugural moment.

When Trump stands on the west front of the Capitol on Friday and delivers his inaugural address, all sides will be waiting to see whether he comes bearing a unifying message for a divided nation or decides to play up his persona as a disrupter of the established order.

How Trump tends to that balancing act, in both style and content, will be a telling launch for his presidency.

"The inaugural is an address that is meant for the ages," said Kathleen Hall Jamieson, a communications professor and director of the Annenberg Public Policy Center at the University of Pennsylvania. "In particular, it's important when you've had a divisive election. You need to become president of all of the people."

Trump seems to get that. He's spoken admiringly in recent weeks about the speeches of past presidents Ronald Reagan and John F. Kennedy, and is said to be deeply involved in preparing his address.

> **You need to become president of all of the people.**
> Kathleen Hall Jamieson

Trump told Fox on Tuesday that he'll start his address with words of thanks to "everybody," including President Barack Obama and his wife, Michelle, for being "so gracious."

The president-elect showed he can deliver a straight-forward, prepared address at the Republican convention, where he largely stuck to a script and shut down anti-Hillary Clinton chants of "lock her up."

But that address was strikingly dark in tone, sketching a portrait of an America in crisis, and he later embraced that chant from supporters at his freewheeling campaign rallies.

The inaugural address, by contrast, needs to be "an inherently aspirational speech," said Michael Gerson, who wrote speeches for President George W. Bush and is a frequent Trump critic. "It has to be about the future and about your vision."

Veteran speechwriters have plenty of other advice for Trump and his chief wordsmith, Stephen Miller.

Keep it short. Don't overdo the gravitas. Don't gloat, the victory tour is over. No deviations from script. Oh, and don't undo a successful inaugural address with an intemperate tweet a few hours later.

THE ASSOCIATED PRESS

GLOBAL WARMING

Earth keeps on sizzling

Earth heated up to a third-straight record hot year in 2016, with scientists mostly blaming man-made global warming with help from a natural El Nino that's now gone.

Two U.S. agencies and international weather groups reported Wednesday that last year was the warmest on record. They measure global temperatures in slightly different ways, and came up with a range of increases, from minuscule to what top American climate scientists described as substantial.

They're "all singing the same song even if they are hitting different notes along the way. The pattern is very clear," said Deke Arndt of the National Oceanic and Atmospheric Administration.

NOAA calculated that the average global temperature for 2016 was 58.69 degrees (14.84 C) — beating the previous year by 0.07 degrees (0.04 C).

NASA's figures, which include more of the Arctic, are higher. The Arctic "was enormously warm, like totally off the charts," said Gavin Schmidt.

THE ASSOCIATED PRESS

You can put a price on friendship.
It's $350!

You'll do almost anything for a friend.
We'll do almost anything for you.

Like give you cash for opening a new personal chequing account—and for every friend you successfully refer. Friendship pays with ATB.

Open an account at any branch or atb.com/friends

*We'd love to fill you in on all the details. Visit us at any branch or atb.com/friends.

ATB Financial

MUSEUMS SNAPSHOTS OF HISTORY Museum Selfie Day came and went on Wednesday, as prominent museums worldwide encouraged attendees to snap shots of themselves with artefacts. Here's a few selfies seen around the world. METRO VIA TWITTER

Clearance SALE ENDS SUNDAY! Trail

Electrolux
STEAM WASHER & STEAM DRYER
Washer
• 5.1 cu.ft.
• Steam wash feature
• 9 wash options
Dryer
• 8.0 cu.ft.
• Perfect Steam™ wrinkle release option
• Customizable options & cycles
$2199 +GST

SAMSUNG
REFRIGERATOR
• 26 cu.ft.
• Bottom drawer freezer with ice maker
• Twin Cooling Plus feature maintains higher humidity in the fridge to keep fruits & veggies fresher longer
$1699 +GST

EVERYTHING MUST GO! Out with the OLD In with the NEW!

BOSCH
DISHWASHER
• Gentle wash feature
• Overflow Protection System®
• Sanitize option
BLACK/ WHITE $599 +GST
STAINLESS STEEL $649 +GST

Kinetico water systems
WATER SOFTENER
• 10-year parts warranty
• Uses no electricity
• Extends the life of appliances
Installation extra
Model 2030
$2199 +GST AFTER INSTANT REBATE

NO INTEREST NO PAYMENTS FOR 6 MONTHS O.A.C.*
Products may not be exactly as shown. Prices valid until January 22, 2017.

Trail Appliances
Appliances and more!
Edmonton South 9880 - 47 Avenue | 780.434.9414
Edmonton North 12404 - 149 Street | 780.452.8888
FAMILY OWNED AND OPERATED FOR 42 YEARS!
www.trail-appliances.com Join us on Social Media

President Barack Obama held a final press conference Wednesday.
THE ASSOCIATED PRESS

Outgoing optimism

POLITICS

Barack Obama offers a hopeful parting message to his country

"We're going to be OK."

In the final minutes of his final presidential news conference, Barack Obama insisted he's not just tossing out reassuring platitudes about the nation's future.

It's what he really believes.

"This is not just a matter of no-drama Obama," he said. "It is true that behind closed doors I curse more than I do publicly. And sometimes I get mad and frustrated like everybody else does. But at my core, I think we're going to be OK."

It is what he chose as the parting message for what is most likely his last extended remarks as president.

Processing the November election results in an intensely personal frame, Obama spoke at length about how his daughters, Sasha and Malia, felt about Donald Trump's election.

"They don't mope," he said — a noteworthy comment to come from any parent of teenage girls.

He said they were disappointed, but also resilient.

"We've tried to teach them hope," Obama said. "The only thing that is the end of the world is the end of the world."

This, then, is not the end of the world.

"You get knocked down, you get up, you brush yourself off and you get back to work," he said. "That tended to be their attitude."

That said, the outgoing president allowed, neither of his daughters is interested in going into politics.

In that, he added with a grin, "I think their mother's influence shows."

He cast his daughters as emblematic of the rising generation, and of the promise of America's future.

Yes, democracy is messy, he said, but there are more good people than bad and things will turn out just fine.

"We just have to fight for it. We have to work for it and we have to not take it for granted."

THE ASSOCIATED PRESS

U.S.

George H.W. Bush and wife hospitalized

Former President George H.W. Bush was admitted to the intensive care unit of a Houston hospital with pneumonia, and his wife, Barbara, was hospitalized as a precaution after suffering fatigue and coughing. The 92-year-old former president, who had been hospitalized since Saturday, underwent a procedure, family spokesman Jim McGrath said.

THE ASSOCIATED PRESS

metro VIEWS
Your essential daily news
Thursday, January 19, 2017

LUKE SAVAGE ON CHANNELLING DESPAIR

When dark clouds gather on the political horizon, I believe the most radically constructive thing anyone can do is to take democracy seriously.

If there was a dominant emotion among my friends, family, acquaintances, and coworkers on the morning of November 9th, 2016, it was most definitely despair.

The surprising victory of Donald Trump — which defied the predictions of all the supposed experts, pollsters, and political professionals — felt like a sudden kick to the solar plexus right before a desperately needed gasp of air. It wasn't our country, of course, but even the most disinterested among us immediately knew politics was soon going to feel a lot more present in our daily lives whether we liked it or not.

Cynicism about politics is as common as white bread. But cynicism is by its very nature a passive thing. Despair can be visceral and even painful. That the sheer ugliness of a figure like Donald Trump could prevail in an election to lead the world's most powerful country has evinced something more potent than cynicism, even among people usually uninterested by politics. The same questions have seemed to be on everyone's minds ever since: How do we respond? What can we do? What can I do?

When dark clouds gather on the political horizon, I believe the most radically constructive thing anyone can do is to take democracy seriously.

If this sounds like a simple cliché or truism, consider how much we've seen democracy decline — here in Canada, in America and around the world — over the past few decades.

More and more, our politicians have preferred to speak like managers rather than leaders, demoting themselves to ever more passive roles, and preferring to tinker and administer rather than take up the hard work of building a better society. They've brought in PR consultants to write their scripts, let pollsters and focus groups — rather than good arguments or values — dominate their decision-making, and turned public engagement into a marketing exercise. Election campaigns have increasingly become expensive set-pieces that offer people an ever narrower range of choices, albeit wrapped in shinier and shinier packaging.

As this process has unfolded whole communities have been transformed, as if by some invisible hand. In former industrial hubs like Ontario and Michigan, towns founded on making and building things shed jobs and wealth almost overnight. City cores are fast becoming too expensive for their own workforces to actually live in and badly paid retail and service work is increasingly taking the place of the factories and workshops that once were.

Hundreds of Berliners climb on top of the wall at Brandenburg on Nov. 11, 1989. When people unite to fight for freedom and democracy, political despair can eventually give way to jubilation. It has happened before. THE ASSOCIATED PRESS FILE

In the midst of the jarring political, social and cultural changes of recent decades — virtually all of them accompanied by encouraging slogans about economic growth and new technology — very few among us have developed a greater sense of being able to control or shape our own lives. The democratic idea that politics has any collective moral purpose, let alone the notion it can be used by regular people to influence the courses of their own lives, has been steadily and catastrophically eroded.

All this breeds a cynicism that can easily fester into despair. In at least one sense, then, Trump's election didn't produce the despair that followed in its wake so much as force it out into the open.

But amidst such despair, there can be signs of hope.

My own sense of resignation and dread in the days and weeks following Trump's victory slowly gave way to a cautious feeling of optimism. And it wasn't the comforting (and in retrospect, naive) optimism my younger self had felt exactly eight years earlier after the last transformative U.S. election. Instead, it was the feeling that people's collective shock and outrage, coupled with a sense that many things badly need to change, might actually reinvigorate democracy.

It's easy to forget that politics don't begin and end when we vote in an election every few years. They're around us every day in our cities, workplaces, neighbourhoods, communities and social movements — conducted not by political professionals but by regular people, often strangers, forming ad hoc coalitions and campaigning for progress and change, large and small.

This process, more than anything else, is what feeds democracy and compels political elites, willingly or otherwise, to take it seriously.

It's the only thing that ever has.

Luke Savage is a Toronto-based writer whose work has appeared in Maisonneuve, Jacobin and on CBC radio. He works at the Broadbent Institute. On Twitter: @lukewsavage

ACTIVIST WISDOM It's fundamental!

"Some of the most profound understandings about our world emerge from ordinary people coming together and organizing for change. Collective forms of activism and organizing can be incubators for ideas and alternative visions that question the status quo, lead us to better understand the root causes of problems and also help us to think through, the possibilities and ways to make change."

Prof. Aziz Choudry, author of Learning Activism: The Intellectual Life of Contemporary Social Movements

VICKY MOCHAMA

How to keep the fires burning?

The most notable thing about John Lewis isn't that he used to work with Martin Luther King or that he has recently become the president-elect's favourite new punching bag.

It's that he's still protesting.

In June last year, Lewis led Democrats in a 25-hour sit-in on the floor of the House of Representatives over a gun-control bill. Fifty-two years after Lewis and hundreds of others were violently attacked by police while crossing the Edmund Pettus Bridge in Selma, he is still getting into what he calls "good trouble."

Sustaining that kind of activist passion for half a century isn't easy. If the work of campaigning for change wasn't hard enough, activists then struggle with compassion fatigue, poverty and mental health.

At a certain point, the work becomes all-consuming — and not in the best ways. In the book "What's the Point of Revolution if We Can't Dance?" dozens of activists speak candidly about their challenges.

Says one: "Who tells us when it's too much? Where to go after, and beyond activism ...when our identity is so tied up with being an activist? And where is the space to go? To go home?"

Burnout can push people away. Friends of mine who started their careers in the charitable and activist sectors ended up quitting. Not because they didn't love the work or want to change the world; they simply could no longer bear it.

Of course there are structural fixes to be made. Workplaces can modify their structures and policies. Donors and governments can develop more predictable funding cycles (money, and the lack of it,is an ever-present stress).

Many of the movements that have caught our attention in the last few years were not driven by professional activists. The women of Idle No More, the black queer youth of Black Lives Matter, the citizens of the Standing Rock Sioux — they had taken time from their paying jobs and put in energy outside of work hours.

But after the public spotlight, it is these campaigners who will be left with the social, financial and emotional scars of their moment. Maintaining any gains and preventing losses will require self-care.

For those who demand radical change, self-care is a radical act. It is recognizing that political wins can have personal losses.

It takes an incredible amount of courage to speak up and speak out. It takes even more to know when to step back from the microphone.

This is the kind of self-love and resiliency that has kept John Lewis on the frontlines of protest.

metro
Your essential daily news
CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod
VICE PRESIDENT & EDITOR
Cathrin Bradbury
EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout
MANAGING EDITOR EDMONTON
Tim Querengesser
ADVERTISER INQUIRIES
adinfoedmonton@metronews.ca
General phone 780-702-0592
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

At Denny Andrews Ford

We make it EASY!

STOP IT'S SIMPLE

IF YOUR DEALER DOES NOT MAKE IT EASY STAND UP. WALK OUT!

We are at 182nd & Stony Plain Road

CHOOSE ANY

IN-STOCK 2017 ESCAPE

STK#17EP127

& RECEIVE

0% APR UP TO 84 MONTHS!

CHOOSE ANY

IN-STOCK 2016 FOCUS

STK#16FC039

& RECEIVE

25% OFF!

- HUGE INVENTORY TO CHOOSE FROM • KNOWLEDGEABLE STAFF TO ASSIST IN VEHICLE SELECTION • DEAL DIRECTLY WITH MANAGEMENT ON PRICING
- ALL MAJOR LENDERS REPRESENTED • SHOP TODAY-BUY TODAY-DRIVE TODAY PROCESS TO MAKE THE MOST OF YOUR VALUABLE TIME
- ALL PRE OWNED VEHICLES INSPECTED AND CAR PROOFED • WE ASK NO CREDIT QUESTIONS UNTIL YOU ARE READY TO PURCHASE
- WE ARE PROUD TO QUOTE PRICES OVER THE PHONE • E-BUSINESS STAFF READY TO RESPOND NOW TO YOUR INQUIRIES
- OPEN 7 DAYS A WEEK TO SERVE OUR CUSTOMERS • LONG TERM/LOW TURNOVER STAFF AND MANAGEMENT ENSURES YOUR RELATIONSHIP WITH US LASTS

Denny Andrews Ford

182 ST. & STONY PLAIN ROAD 780-489-9999

TOLL FREE: 1-800-252-9303

www.dennyandrewsford.com

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

SERVICE DIRECT: 930-3167

All prices and offers are plus applicable taxes. All rebates and incentives deducted and assigned to dealer including non-stackable cash, year-end event cash and Costco. Customers must meet eligibility requirements. 25% off offer based on M.S.R.P. 0% financing based on Ford Credit up to 72 months. Dealer to cover additional rate buy down on 84 month terms based on 0.49%. 0% up to 84 months based on approved credit only. See dealer for complete details. In stock only. Offers in effect Thursday, January 19 thru Monday, January 23, 2017.

metro LIFE
Your essential daily news

Your career is in your hands.
ROBERTSON COLLEGE
New Pharmacy Assistant program
Enrol today!

A cartoonish life that was too real

INTERVIEW

The bestseller who dabbled in bondage and cannibalism

Sue Carter
For Metro Canada

Cartoonist Joe Ollmann first discovered William Seabrook's biography in a zombie anthology 11 years ago, and was instantly taken. Seabrook — the American who is credited with introducing the word "zombie" into contemporary culture with his 1929 bestselling book The Magic Island — was a he-man adventurer who travelled with the Bedouin.

He also hung out with various intellectuals and artists of the era, including Gertrude Stein, Man Ray and Aldous Huxley.

But the more Ollmann dug into the details of Seabrook's life, the more salacious the details got. He discovered an unrepentant alcoholic with an equally unrepentant and sadistic penchant for bondage.

Oh, and he once tried cannibalism.

"It's not the aberrations that interest me so much as it is his honesty in writing about them," says Ollmann, who is from Hamilton, Ont. "In a very repressed time during the '30s and '40s, this guy's writing openly about bondage and cannibalism for major publishers and places like Ladies Home Journal. People hide their weirdness and he never did."

For five years, Ollmann read everything about and by Seabrook he could get his hands on, including his first book, Adventures in Arabia, about his time living in the Middle East, and Asylum, which chronicles Seabrook's voluntary stay in a mental hospital for alcoholism.

"He had this crazy fascinating life but no one knows about him," says Ollmann, who then spent another five years dedicated to researching the writer's life for his new graphic novel, The Abominable Mr. Seabrook.

While gathering background information, Ollmann travelled to the University of Oregon, which houses the archives of Seabrook's second wife, novelist Marjorie Worthington.

In her writings and letters, Ollmann discovered a harsher side of the man, which doesn't appear in his own books.

"He tells his stories very blithely, and puts it in these very humourous terms," Ollmann says.

"Her perspective is much darker. I didn't want to portray him as all bad, but there is a lot of bad to be said. It is hard to live with a person who is an alcoholic. He never showed it but other people did, so it was only fair for me to show it, too."

One of the inadvertent effects of working on The Abominable Mr. Seabrook was that Ollmann himself quit drinking.

While labouring away in his home studio at night, Ollmann would keep a bottle of whisky or cognac on hand for sipping, and although he stopped mostly for health purposes and not directly because of Seabrook: "I was constantly writing and drawing him drinking. There are so many pictures of him drinking because it was so much part of his story," he says. "I got sick of drawing and showing someone ruining their life with booze."

Seabrook died in 1945 from taking an overdose of sleeping pills — by which point his work was basically forgotten.

Ollmann speculates that Seabrook's downfall was in part due to his alcoholism, but also because, later in life, he gave up his adventuring ways, settling down in the Hudson Valley to present teatime talks to social groups.

His is a cautionary tale indeed, but Ollmann — who recently illustrated the covers and wrote introductions for reissues of Seabrook's The Magic Island and Asylum — really wants people to discover the man's writing.

"His first books are wonderful, adventure-travel books," Ollmann says. "He wrote about trashy subjects but he wrote about them smarter than you would have expected."

Sue Carter is the editor at Quill & Quire magazine.

Music's patron saint of activism

INTERVIEW

Why icon Buffy Sainte-Marie is still making a social impact

METRO FOCUS ON ACTIVISM!

Buffy Sainte-Marie has told the stories of outliers and underdogs throughout her career and organizers at the Juno Awards say it's time to recognize the singer's contributions to the community.

The four-time Juno winner and social activist will be this year's recipient of the Allan Waters Humanitarian Award, an honour reserved for Canadian musicians who've left a positive social impact.

The Canadian Academy of Recording Arts and Sciences says Sainte-Marie "exemplifies the essence of humanitarianism" with her dedication to protecting indigenous communities.

She's also provoked conversation through songs like her 1964 anti-war peace anthem Universal Soldier.

Sainte-Marie also founded the Nihewan Foundation for Native American Education in 1969, a non-profit initiative to improve education and awareness of the cultures.

"A long time ago I figured out I have enough money to probably have three meals a day for the rest of my life," Sainte-Marie says. "So I wanted to put my money to work early."

Speaking from her Hawaiian home, Sainte-Marie talked about nonprofits and protest songs.

You've been a tireless voice for causes throughout your career, but fewer people know about why you created the Nihewan education foundation. How did it happen?

Before I was ever a singer I was a teacher. I got my teaching degree (and) a degree in Oriental philosophy. Because I had a personal interest — and the advantage of a scholarship about indigenous issues — that probably had something to do with it. (The feeling) has stayed with me always through my career, going in and out of the aboriginal community ... building a bridge between cultures.

You've been a voice for the indigenous community but it's never fully defined your career. Did you pursue a balance that also factors in your pop and folk influences?

I've had over 50 years of that kind of double perception, which is very nice for me. I think my real work has been in the realm of thought. I really feel as though ... I've changed the way some people think about war, alternative conflict resolution and indigenous issues. I did it early and I've done it consistently because I really do care.

With Donald Trump headed to the White House do you expect more protest songs to emerge from discontent gestating in some communities?

I wish. There were a lot of people in the Civil Rights movement who just showed up because it was the popular thing to do. It became "hip" to seem like you were part of that. There are a lot of people, for instance, who go to Standing Rock and confuse it with Burning Man. My question to all the other great songwriters in the world is: Where are your protest songs? Now that Donald Trump is (elected) are you going to start writing them now? I mean, where was your protest song last year? And the year before? Some people are consistently aware of the world and trying to share their best contributions. Other people just show up when somebody's handing out free gifts at the party.

Are you writing any new material?

I'm working on an album that should be out sometime this year called Medicine Songs. (It's) grouping real positive songs like, Carry it On, We Are Circling, Starwalker, together with my best-known protest songs about contemporary issues.

What inspires you to stay motivated to keep writing?

Kind of depends on where I am. When I'm in Hawaii it's just nature. I live with a lot of animals and plants and nature is "vitamin green" for me. I also have a double life. I'm home for two weeks, I'm on the road for two weeks. What motivates me are the same things that motivated me in the beginning. I respond to the world, I fall in love like everybody else. I see things that need change and I think the world is always ripening.

THE CANADIAN PRESS

Buffy Sainte-Marie will be the first indigenous woman to win the Allan Waters Humanitarian Award at the Junos in April. HANDOUT

End those recurring nightmares about trying to secure your financial future by creating the greatest new app.

(Just enter and WIN!! ;)

FEBRUARY 1
EARLYBIRD #1 CUT-OFF DATE
$25,000

$1.2 MILLION GRAND PRIZE

Don't Forget Our Million Dollar WIN50

WIN 50 add-on

Lottery license #440167 and #440168

$25 each | 4 for $60 | 10 for $100 | 30 for $200
Toll Free: 1.877.483.8832
BigBrothersHomeLottery.org

PANDITH SURYA JI
ASTROLOGER & SPIRITUALIST

IF YOU ARE HAVING PROBLEMS HE HAS A SOLUTION!!

* Husband & Wife Problems
* Stop Separation & Divorce
* Children, Couples
* Education & Business
* Vashikaran Expert
* Drinking Problem
* Sexual Problem
* Jealousy, Enemies
* Lifetime Protections
* Bringing Loved Ones Back
* Removal Black Magic & Spirits Exports

CALL FOR APPOINTMENT
100% GUARANTEED RESULTS
780-884-2098

metro HOME

Your essential daily news

After owning it for just five months, Kylie Jenner is selling her Hidden Hills home for $5.4M U.S.

MEET THE CONDO

A home to escape to

CONTRIBUTED

Project overview

It's no surprise that E'scapes condos are nearly sold out. The southwest Carrington development has the location and features today's buyers appreciate: modern architecture, rooftop terraces and a fitness centre, underground parking and more. And with promotions of up to $75,000 off certain suites, the deal here couldn't be sweeter.

Housing amenities

E'scapes suites are open concept spaces, with luxurious finishes like high ceilings, tile, hardwood and granite. There's energy efficient windows and oversized patios, underground parking, appliance packages with in-suite front loading washer/dryer and designer lighting. Kitchens feature granite countertops and eating bars, and a design consultation will tie it all together for buyers.

In the neighbourhood

E'Scapes is next to the Ellerslie Rugby Club and is close to shopping, restaurants, established area amenities and is minutes away from the Anthony Henday. Banks, services, greenspaces and walking paths are plentiful here too, and it's a quick trip for those who need the international airport or access to Highway 2 and points south.

Location and transit

E'scapes is in the vibrant and amenity-rich community of Richford in the city's southwest. Intense growth in this quadrant of the city makes for plentiful transit and planned LRT expansion, so transit users will find quick links along 111 St. and Ellerslie Rd. The same goes for vehicle commuters, who can access the Anthony Henday, Ellerslie Rd. or Gateway Blvd. LUCY HAINES/FOR METRO

NEED TO KNOW

What: E'scapes Condominiums
Builder/developer: Carrington Communities
Location: Southwest Edmonton, in Richford area
Building: Six-storey, concrete and steel building
Pricing: $336,360 to $711,900
Sizes: 938 to 1,272 sq. ft.
Model: One and two-bedroom open concept contemporary suites
Status/occupancy: 90 per cent sold—13 units remain
Show suite: 11080 Ellerslie Rd.
Phone: 780-756-2230
Website: escapescondos.com

GARDENING

You're going on vacation, but what about your plants?

Winter, especially early winter, is a good time of year for gardeners to travel. Houseplants now are most tolerant of neglect and, if we plan a little, they can even thrive in our absence.

Lack of water is the major threat to neglected plants. But you know how long your plants can go between waterings. So if your trip to Florida is for eight days and you've been watering your schefflera every five days, just give the plant a thorough soaking and then add a little extra water to its saucer. The plant will be fine.

If you're skipping off for a one-month tour through Brazil, you better do something more with your houseplants before you leave.

The key to plant survival, in this case, is either to supply water to the plants, to decrease their water needs, or a little of both.

Keeping your plants supplied with water

This can test your ability to cajole friends, relatives or neighbours. But beware of entrusting plant care to those unfamiliar with your plants' peculiarities; my cyclamen needs water every few days, while some of my succulents go all winter without a drop of water.

I use inexpensive automatic watering devices if my absence is to be longer than two weeks. A cotton rope, with one end buried in the soil and the other end dipped in a pan of water, will wick water to drying soil.

Another device, slightly more expensive but also more reliable, consists of a hollow, porous ceramic cone with one end of a long, flexible tube sealed into its lid. The cone and the tube are filled with water. They're sold as "plant watering stakes" or "plant watering cones."

Decrease water needs

Plants have little holes in their leaves, called stomata, which let gases in for photosynthesis and let water out (transpiration). Moving a plant from a bright window to a dimly lit corner decreases photosynthesis, so stomata stay closed more often, and transpiration decreases.

Left too long without enough light, however, plants get starved for energy (which comes from photosynthesis) and leaves turn sickly and yellow.

Transpiration is how to keep plants cool. Lowering the air temperature will decrease plant transpiration and, hence, water use. This fits well with a traveller's needs: No need to keep your house warm while you're away on vacation.

Yet another way to slow transpiration is to raise the humidity around your plants. I cluster plants together and fill their saucers with a shallow depth of water. For a longer vacation, I drape clear plastic, such as a cut-open dry-cleaning bag, over the plants. Sticks poked into the soil keep the plastic off plants' leaves. THE ASSOCIATED PRESS

CAUTION

None of this advice applies to succulents, which include cacti and other fleshy plants such as jade plants and sedums. These plants thrive on dry conditions.

METRO SPACES

Home sweet home office

Maybe your new home has a den, a spare bedroom or even a great little corner space where you can carve out a home office.

Whether you work from home or use the space to pay bills and surf the web, you'll want a pulled-together place that is both practical and aesthetically pleasing.

An efficient work area includes functional storage, good lighting, vertical shelving to maximize space, and clever, clutter-busting touches. Here are three things to make your home office awesome.

-KATHY MCCORMICK

Cable tamer

Does your tangle of cables from power bars, routers and other devices resemble a massive electrical Kraken? All those office cable can combine to create an unsightly monster tumbling from your desk. The CableBin by BlueLounge contains the mess in an elegant, wood-finish canister. Smaller device cords can easily pop through the top of the lid, and devices can be placed on top to charge, while other cables can be accessed through a side outlet. Made of flame retardant plastic. Find online at bluelounge.com, also carried by Amazon.ca and Urban Outfitters. About $120 Cdn.

Top shelf

Desks are the command centres of home offices, and there are millions to choose from. The versatile Rupert Freestanding unit by Amisco features an industrial loft-casual vibe, and can be configured to adjust the height of the table and shelves. Comes in distressed solid birch and offered in a variety of stain finishes. It can even be used as a kitchen island (or maybe you want to work from your kitchen island!). Find it at Bracko Brothers Quality Furniture, $1,798.

Sitting pretty

If you sit for a living, you've probably heard the saying "sitting is the new smoking." Sedentary jobs can wreck our bodies and impact our health and longevity. One way to fight back is with active office furniture, such as standing desks and active-sitting solutions. The Core Chair was designed based on scientific research to reduce fatigue and discomfort, increase blood flow, allow constant subtle movements to strengthen core muscles, and encourage good posture to alleviate back pain by preventing slumping. Find it — and numerous other active sitting products at Fitterfirst. $995.

WE WILL BEAT
ANY COMPETITOR'S PRICE BY AT LEAST 5%

PRICES STARTING FROM
50,000 SQ FT FACILITY

• PORCELAIN TILES $0.69/Sq. Ft. 12x24 • CARPET 0.99/Sq. Ft.
• LAMINATE $1.25/Sq. Ft. 12.3mm • VINYL PLANKS $0.99/Sq. Ft.
• MOSAIC 3.99/Sq. Ft. • HARDWOOD $2.99/Sq. Ft.
*Installations extra.

6 MONTHS NO PAYMENTS NO INTEREST OR 12 MONTHS EQUAL PAYMENTS, NO INTEREST OAC

WHOLESALE PRICES AND LARGEST SELECTION

Celebrating 22 years of customer satisfaction

SAME DAY DELIVERY, NEXT DAY INSTALLATION POSSIBLE.

TOUCHTONE Canada Ltd.

4120 98 STREET, EDMONTON
780-414-0862
WWW.TOUCHTONECANADA.COM

HOW TO FIND BEAUTIFUL, AFFORDABLE NEW FLOORING

If you're planning a renovation or building a new home and you're looking for new floors, there's one business that should be the first stop on your list: Touchtone Canada.

The flooring company offers the best prices in the city — equivalent to wholesale — and their knowledgeable, friendly staff are always there to help you make informed decisions based on your budget, tastes and practical needs.

The selection of flooring available to you at Touchtone is enormous. The 50,000-square-foot showroom carries thousands of flooring types including hardwood, luxury vinyl plank (LVP), laminate, tile and carpet.

LVP is one very popular option for homes, offering excellent durability with an attractive surface. At Touchtone it starts at $1.29 per square foot — a fraction of the price of hardwood.

For any flooring, Touchtone will beat quotes from competitors by at least five per cent.

"Customer satisfaction is a major piece of the puzzle for us," says Baneet Singh, general manager and partner at Touchtone Canada.

For Touchtone, that includes professional flooring installation. The team of expert flooring installers has years of experience handling every type of flooring. They'll make sure yours looks its best in your home.

ISTOCK

"When a customer buys flooring from us, we want to make sure they're 100 per cent satisfied with the results, not just on the day the flooring is put down, but for the entire lifetime of their floors," says Singh.

Live well in the heart of the city

Living downtown has its perks — particularly if you're at 109th Street and Jasper Avenue, one of Edmonton's most vibrant intersections.

At that address, residents at the new rental community The Mayfair on Jasper have their pick of shopping, restaurants, entertainment and nightlife.

The development has just finalized three new retail tenants. Soon residents will be able to grab a healthy wrap on the go at Freshii, savour a fresh Hawaiian pokē at Splash Pokē or indulge in a trendy Taiwanese dessert at ZenQ.

"Our residents have easy access to everything they need from the shops, eateries and services nearby — with several appealing choices within their own building," says Matt Salucop, director of marketing for ProCura Real Estate Services, the developers behind The Mayfair on Jasper. "Our intent has always been to target a diverse mix of unique retail tenants for the main floor of The Mayfair."

More retailers expected to open later this year include a premium coffee shop and full-service casual dining restaurant.

The Mayfair on Jasper offers 238 residential units over 10 storeys. Its fine finishings live up to its premium downtown address, including high-end kitchen appliances, granite countertops, in-suite laundry and sleek laminate flooring.

The development's eco-friendly features will make you equally proud to call The Mayfair on Jasper home. All homes have energy-efficient, triple-pane windows. The building also generates some of its own energy using solar panels and a co-generation energy system, which repurposes heat created by the generation of electricity to help warm the building.

Residents can reduce their environmental footprint even more by using the building's exclusive car-sharing program, or by taking public transit from the Corona LRT Station, located onsite.

CONTRIBUTED

Suites are going fast

Several tenants already call The Mayfair on Jasper home.

For a limited time, the development is offering up to $1,000 in incentives for new renters.

Find out if a suite at the The Mayfair on Jasper is for you by visiting the Rental Office and show suites, now open at 10823 Jasper Ave.

RENTING. NOW MORE APPEALING THAN OWNING.

MOVE-IN READY 1&2 BEDROOM LUXURY SUITES. UP TO $1,000 IN INCENTIVES.*

*Limited time only. Offer only applies to new applicants. Ask your leasing agent for details.

It's not often that rental suites outshine their purchase counterparts. ***The Mayfair on Jasper's*** polished appeal and stunning layouts have truly raised the bar in downtown Edmonton. Suites are leasing fast – contact a leasing agent today for more information or to start your application.

THE MAYFAIR ON JASPER
A RENTAL GAME CHANGER

mayfaironjasper.ca
1.855.MAYFAIR | **rent@mayfaironjasper.ca**
Presentation Centre & Show Suites — 10823 Jasper Ave

START THE NEW YEAR IN YOUR NEW HOME

CONTRIBUTED

Is a new home on your list of goals for 2017?

Brookfield Residential offers beautifully designed single family and multi-family homes in five desirable communities. Depending on your timeline, you can put roots down in your gorgeous new home by choosing from a variety of homes ready in one, two or three months.

"All five of our active communities currently have quick-possession homes available," says Wendy Jabusch, senior vice president of homes for Brookfield Residential Edmonton. The communities include Lake Summerside and The Orchards in the southeast, Chappelle Gardens and Paisley in the southwest, and Edgemont in the west. "There are quick-possession options to suit everyone, from growing families to individual homeowners just entering the market," says Jabusch.

The variety of compelling floor plans include single-family homes, duplexes and townhouses starting from the mid $200s.

All well-appointed and thoughtfully designed, the homes offer all the smart solutions and careful craftsmanship you have come to expect from Brookfield Residential, but they also let you move in quickly — in 30, 60 or 90 days, depending what suits you best.

While all Brookfield communities are designed with public gathering places and green spaces for families and neighbours to get outside and connect, when you choose a quick-possession home in Chappelle Gardens, The Orchards or Lake Summerside, you also gain entry to the communities' Residents' Associations with a variety of facilities like NHL-sized hockey rinks, basketball courts, tennis courts, spray parks, playgrounds, and programming.

While the Lake Summerside Beach Club is already in full swing, the Residents' Association buildings in Chappelle Gardens and The Orchards will both open in 2017. In addition to the multitude of recreational facilities, Brookfield Residential's Residents' Associations also host programs and events throughout the year, and amenities are made available for residents' own bookings as well.

A quick-possession home doesn't mean you have to give up on upgrades either. The Alma duplex in Chappelle Gardens, for example, has luxurious interior finishes, two master bedroom suites with ensuites and walk-in closets, as well as a flex room on the second floor and upstairs laundry.

Located at 2786 Coughlan Green SW, this home is only $338,800 (including GST) and available in only 30 days.

For more information on Brookfield Residential's quick-possession homes, visit LiveBrookfield.com.

Now is the time for home ownership

Starting at only $427 bi-weekly, Brookfield Residential Edmonton is making it easier than ever to stop renting and start owning.

Renters can now purchase a home for mortgage payments comparable to the rent they're paying.

Brookfield Residential's modern townhouses — with their amazing floor plans — provide many of the features people look for when purchasing a single-family home. Options include walk-in closets, upstairs laundry, Master ensuites, and double-attached garages.

While all three townhouse projects include thoughtful design and functional spaces to make your own, as well as parks and green

CONTRIBUTED

areas to get out and connect with neighbours and family; these townhouses also offer low-maintenance perks like hassle-free yards. It's about the lifestyle you want.

Canvas Townhomes in Paisley feature oversized windows, sleek exteriors, and modern interior finishes. Choices like vaulted ceilings and large balconies off the bedroom are available in some units. The 1,203 sq. ft. Michelangelo provides so many options, like three main floor kitchen plans to choose from and either upstairs dual-Master bedrooms with ensuites and walk-in closets, or a three-bedroom floor plan, starting in mid to high $200s.

Vista Pointe in Chappelle Gardens has open-concept plans and flex spaces to ensure everyone in the home has room to gather and room to retreat. You have a choice of three bedrooms or dual master bedrooms in the 1,349 sq. ft. Edison, and you can customize it with features like a fire place or balcony off the kitchen. For people who like extra space, there is a double garage and extra flex space in the basement.

Are you interested in upgrades like granite counter tops, fire places, or hardwood flooring? Until March 31, Brookfield Residential is offering new homebuyers 50 per cent off interior upgrades.

To explore these and other available townhouses that can move you from renting to owning, visit LiveBrookfield.com.

Creativity and innovation

Paisley in Heritage Valley is a unique and diverse community unlike any other in Edmonton. Walkability is a key aspect in Paisley, so the streets are set away from fast-moving traffic and local bus routes don't intersect the community. Public art is prominent in Paisley, and some unique reverse housing lots mean home fronts are connected to green space, so it's easier to get outside and into the community.

Duplexes, single-family homes, and townhomes, in an eclectic mix of modern and traditional designs and styles, all coexist amidst parks and green spaces.

Convenience and connectedness are also important in Paisley, so a host of amenities are easily accessible, including shopping, schools, medical clinics, and recreational facilities. For a limited time, Brookfield Residential is offering new homebuyers in Paisley 50 per cent off interior upgrades. Come and explore Paisley today. Visit LiveBrookfield.com for more information.

Quick Possessions Now Available

Now's the Time - Whether your timeline is 30, 60 or 90 days, we have something that will suit the demands of life's fun and sometimes crazy schedule.

Townhomes starting from the **$220's**

Single Family starting from the **low $300's**

livebrookfield.com

Brookfield Residential

metro SPORTS

New York Rangers forward Chris Kreider has been fined $5,000 for ripping off Stars forward Cody Eakin's helmet and hitting him in the head with it

Building a legacy

NFL PLAYOFFS

Falcons QB Ryan has the statistics but not the rings

Matt Ryan has helped guide the Falcons to an NFC South title and the NFC championship game. KEVIN C. COX/GETTY IMAGES

Matt Ryan knew the question was coming.

There are four quarterbacks still standing in the NFL playoffs. Only one has failed to win a Super Bowl title.

Any guesses who that might be?

"Yeah," Ryan said dryly, pointing toward the questioner with a big smile, breaking the room up.

With his greatest season, Ryan has guided the Atlanta Falcons within two wins of their first Super Bowl title. It's a tantalizing chance to fill the most glaring hole on his resumé, to take care of the one thing that separates him from New England's Tom Brady, Pittsburgh's Ben Roethlisberger and Green Bay's Aaron Rodgers.

Ryan might be the favourite to capture the MVP award, too. But chances are he won't be considered a truly elite quarterback, the kind they start clearing a spot for in Canton, until he brings home a championship.

"He craves a Super Bowl," said former Falcons teammate Tony Gonzalez, now an analyst for CBS. "Absolutely it would change the national perception of him. It would change the perception he has of himself. ... It would change everything for him."

Ryan has certainly had a stellar career up to now, and even his performance a year ago — generally viewed as the worst of his career — really wasn't all that poor statistically. But it certainly wasn't up to his standards, largely because the Falcons finishing 8-8 after winning their first five games.

Like any top player, Ryan is fastidious about his preparation. But something really clicked this year in the way he gets ready for a game. Nothing seems to faze him. No situation appears to catch him off-guard.

> **He's on a roll now and peaking as a player.**
> Tony Gonzalez

A more comfortable relationship in his second year with offensive co-ordinator Kyle Shanahan is usually offered up as the most logical reason for Ryan's transformation. But it runs deeper than that.

"I feel well-prepared week in and week out. I feel ready and confident when we get to games," Ryan said Wednesday. "Do I feel like I've gotten to a place where I'm doing it better than I've done it up to this point? Absolutely."

No argument there.

Ryan completed just under 70 per cent of his throws during the regular season, and finished with a career-best 38 touchdowns and 4,944 yards — and a career-low seven interceptions — while leading the Falcons (12-5) to the NFC South title.

Ryan shrugs off any speculation about what a victory Sunday might mean to his legacy, but others know how important this is.

"We've come to a day and age where it's how many Super Bowls were you in? How many victories did you have? How did you play in the so-called big games?" said Phil Simms, who was with the New York Giants for a pair of Super Bowl titles. "It's really big for his — and it's a word I hate to use — but his legacy. That's just the way it is."

THE ASSOCIATED PRESS

AUSTRALIAN OPEN

Bouchard makes return to 3rd round

Eugenie Bouchard GETTY IMAGES

Canadian Eugenie Bouchard is back in the third round of the Australian Open for the first time in two years after defeating China's Peng Shuai 7-6 (5), 6-2 on Wednesday.

Bouchard, who reached the semifinals of the Australian Open in 2014, finally closed it out after Peng saved three match points on the Canadian's serve at 5-1 in the second set.

Following her break-out year in 2014, which also saw her reach the Wimbledon final, Bouchard struggled to make it past the fourth round at the slams. Her best result last year was the third round at Wimbledon.

Her next opponent will be American Coco Vandeweghe, who defeated Pauline Parmentier of France in straight sets.

"Overall, I'm feeling better with each passing day," said Bouchard.

Also, Ottawa's Gabriela Dabrowski and Michaella Krajicek of the Netherlands won their first-round doubles match, defeating Georgia's Oksana Kalashnikova and Serbia's Aleksandra Krunic 6-2, 6-0.

THE CANADIAN PRESS

BASEBALL

Former Expos star gets call from hall

75

The percentage of votes players must receive to get into the hall.

Former Montreal star Tim Raines along with Jeff Bagwell, and Ivan Rodriguez have been elected to baseball's Hall of Fame, earning the honour as Trevor Hoffman and another Expos great, Vladimir Guerrero, fell just short.

Steroids-tainted stars Barry Bonds and Roger Clemens were passed over for the fifth straight year by the Baseball Writers' Association of America but received significantly more votes this time.

Bagwell drew 86.2 per cent of votes, Raines got 86 per cent and Rodriguez had 76 per cent.

THE ASSOCIATED PRESS

Brown apologizes for livestreaming video

Antonio Brown's Facebook Live video had 900,000 views before being removed. KEITH SRAKOCIC/THE ASSOCIATED PRESS

Antonio Brown insists he didn't mean to disrespect his coach or create a distraction when the All-Pro wide receiver livestreamed the raucous aftermath of the Pittsburgh Steelers' playoff win over the Kansas City Chiefs last week.

The ever social media savvy Brown also didn't rule out doing it again.

Even as Brown apologized for his decision to let his over 650,000 Facebook fans in on a usually private moment — one that caught head coach Mike Tomlin using a profanity to describe the New England Patriots — he played coy Wednesday when asked if he's going to leave his camera off the next time the post-game locker-room door is closed.

"I guess you've got to wait and see," Brown said.

> **I wanted to give the fans an intimate experience.**
> Antonio Brown

In a way it was "AB being AB," a phrase often repeated by Brown's teammates whenever the exuberant star's antics cross the line from harmless fun into something they find themselves having to explain.

The past three days fell into the latter, with Pittsburgh's preparations for its AFC championship meeting with New England taking a back seat to Brown's 17-minute post that forced Tomlin to chastise one of the league's best players for something Brown considered innocuous. THE ASSOCIATED PRESS

IN BRIEF

Bautista officially back with the Blue Jays

Toronto Blue Jays outfielder Jose Bautista decided to test the free agent market this off-season. A return to the city where he blossomed into one of the game's top sluggers turned out to be the best fit.

The Blue Jays confirmed Wednesday that Bautista has re-signed with the team, agreeing to a one-year deal with a guaranteed base salary of $18 million US. The contract includes options that could see him stay in Toronto through 2019. THE CANADIAN PRESS

Wheat Kings' Patrick tops North American rankings

Brandon Wheat Kings forward Nolan Patrick was named the top North American draft-eligible skater for the 2017 Draft by the NHL Central Scouting Bureau on Wednesday.

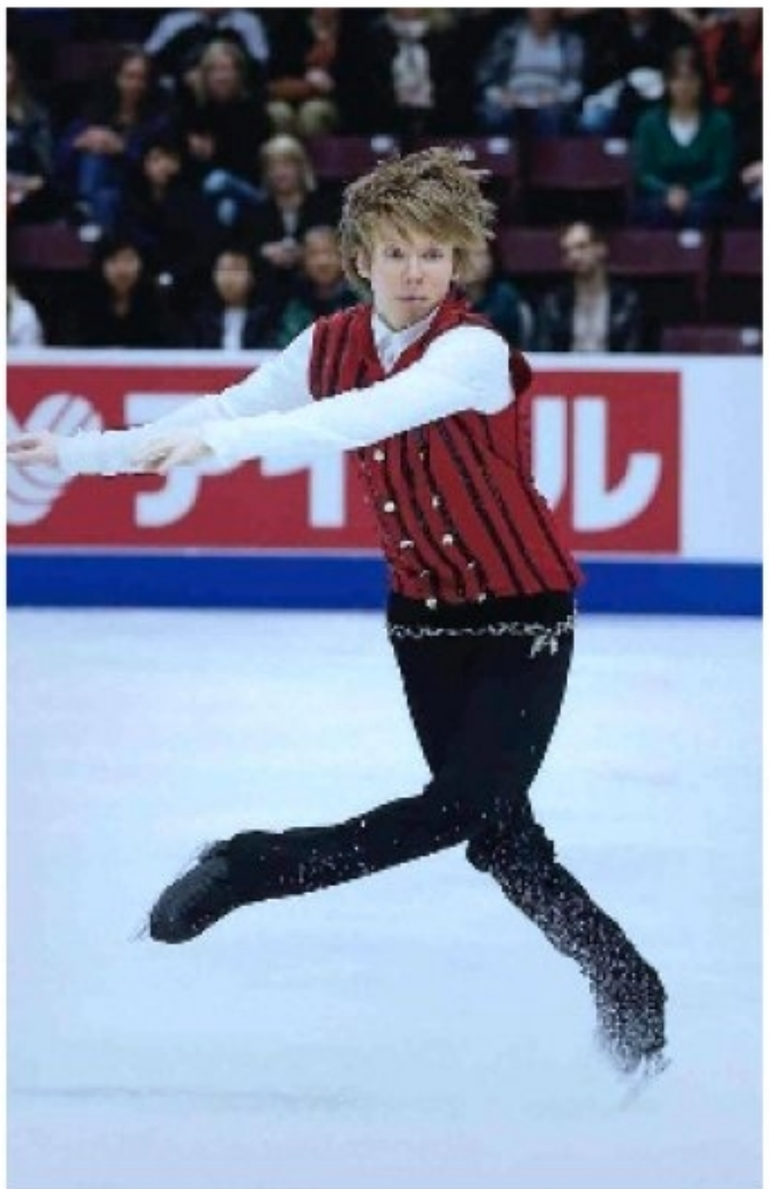
He has 13 points (six goals, seven assists) in eight games this season. Patrick has missed most of the campaign due to an upper-body injury.

Swiss centre Nico Hischier of the Halifax Mooseheads was ranked second on the mid-season list. THE CANADIAN PRESS

Reynolds' return was a hard road

ICE SKATING

Skater thought career was over, is very grateful to be back



Kevin Reynolds is looking for more national championship silverware this weekend at TD Place. TOM SZCZERBOWSKI/GETTY IMAGES

Kevin Reynolds' rehabilitation from hip surgery took place in a gym adjacent to a skating rink in Burnaby, B.C.

The 26-year-old would watch the skaters at his training base at Eight Rinks, all the while not knowing if he'd ever skate again.

But the three-time national silver medallist announced his return to the international ice with a bronze medal at Skate Canada International in the fall — his first-ever Grand Prix medal — and is looking forward to competing at this week's national championships in Ottawa.

"After a few months off the ice I started to really miss it, and knew I wanted to at least give it a shot and at least try to come back. And if there was pain, I would give it up at that point and move on," Reynolds said. "But the signs were all positive. Step by step, I was able to work things through and manage it."

Reynolds' career has been an unenviable roller-coaster of injuries and ill-fitting skates. He famously had to withdraw from several major competitions while he searched the globe for skates that would fit his extremely narrow feet.

It was the hip injury though that threatened to derail his career for good.

The injury forced the Coquitlam, B.C., skater to withdraw from the free program at the 2015 Canadian championships, and he underwent the surgery three months later.

"There was no continuing without (the surgery)," Reynolds said. "Even with risk of not being able to skate again, there was really no choice."

He rebounded to win bronze at last year's Canadian championships. Then, competing in his first Grand Prix event since 2012, he laid down a stunning long program at Skate Canada in Mississauga, Ont., to reach the podium. Because he'd tumbled well down the world rankings in his time off, Skate Canada was his only Grand Prix event this season

> **After a few months off the ice I started to really miss it.**
> Kevin Reynolds

Reynolds, who said next season will his last, is thankful for this second chance. He's looking at it like he's got nothing to lose. "I'm just thankful I do have this opportunity after so much struggle, after so much pain, and it's really given me lots to celebrate, even getting to this point. The senior events at the Canadian championships begin Friday at Ottawa's TD Place. THE CANADIAN PRESS

ATHLETICS

Analytics for athletes imminent

The Canadian Olympic Committee is teaming with a big data company to ramp up analytics for athletes.

The COC has announced an eight-year, cash-and-services sponsorship deal with SAS, an analytics software company whose clients include banks, hotels, universities and casinos.

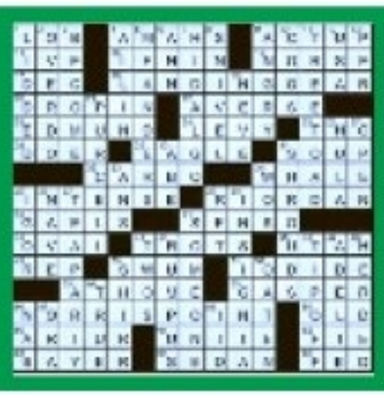
The company's sports division has worked with the Los Angeles Kings, Orlando Magic and New York Mets as well as Major League Soccer. The pro teams often want data on season-ticket holder retention and fan experience enhancement. Athlete performance will be SAS's primary work for the COC.

"Our initial focus will be on player analytics," SAS president Cameron Dow said. "It's a lot more than a marketing partnership. It was more around how could we actually work with the Canadian Olympic Committee and the Olympic team to actually make a difference and drive results." THE CANADIAN PRESS

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



9	1	3	8	7	2	5	4	6
6	2	5	3	1	4	9	7	8
8	4	7	9	5	6	2	1	3
1	9	6	2	8	3	4	5	7
4	5	2	6	9	7	3	8	1
7	3	8	5	4	1	6	9	2
5	6	1	4	2	8	7	3	9
3	7	4	1	6	9	8	2	5
2	8	9	7	3	5	1	6	4

metro OBITUARIES

metro OBITUARIES

To place an obituary, visit www.metronews.ca/obits

Fountain Garden
Direct Cremation $1180 + GST*
Traditional Burial $2995 + GST* +Casket*
FUNERAL DIRECTOR ON CALL 24 HOURS
*Of Average Size *Prices subject to change
780-457-6600 | 10969 101 ST NW, EDMONTON, T5H 2S9 | FGMEMORIAL.CA

In Memoriam

As a free service to the community and funeral service providers, Metro Edmonton notes the following deaths with or without the placement of an obituary.

Park Memorial Funeral Home
(780-426-0050)

BONNIE LYNN REPKO,
DOD January 12, 2017,
Age 62

LYNDA ROZAK,
DOD January 14, 2017,
Age 70

Service Directory

To advertise call 780-702-0592

ASTROLOGY

INDIAN ASTROLOGER SPIRITUALIST HEALER AND PSYCHIC

World Famous Astrologer & Future Teller

Pandit: SHANKAR GURUJI

Most Powerful Spiritualist From India

KNOW YOUR PAST, PRESENT AND FUTURE

PALM READING, FACE READING, HOROSCOPE

PASSED FROM GENERATION TO GENERATION

ARE YOU SUFFERING FROM ANY OF THESE ?

- Family
- Business
- Job
- Court
- Foreign
- Sickness
- Relationships
- Education
- Children
- Depression
- Marriage
- Property
- Promotion
- Divorce
- Sexual problems
- Love
- Money

SPECIALIST IN BRINGING LOVED ONES BACK

100% REMOVAL OF WITCH CRAFT, BLACK MAGIC AND EVIL THINGS PERMANENTLY. 100% RESULT GUARANTEED

GIVE LIFE LONG PROTECTION

780-224-3288

MILLWOODS NW, EDMONTON

SRI DURGA MATA ASTROLOGER & PSYCHIC

Pandit: RADHA KRISHNA JI

Expert in Palm Reading, Face Reading, Patra Reading & Photo Reading

Master Brings Back Loved Ones

An Expert Pandit Tells Past, Present & Future Solves problems like Love, Money, Job, Sickness, Court, Business, Marriage, Enemy, Black Magic Etc

OPEN 7 DAYS | 10 AM-8 PM

IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS

780-863-0265 53 Street Mill Woods Edmonton T6L 3K3

SPIRITUAL SHIVA DURGA PSYCHIC CENTER

ASTROLOGER JAYRAM

SPECIALIST IN BRINGING BACK GOOD HEALTH IN 9 DAYS

IF YOU HAVE PROBLEMS, HE HAS SOLUTIONS

- Relationship
- Depression
- Family Arguements
- Misunderstanding
- Worried About Love
- House
- Love
- Property
- Marriage
- Childless Couples
- Business
- Finance
- Divorce
- Jealousy
- Court Matters

PALM READING, FACE READING, HOROSCOPE. EXPERT IN BRINGING BACK LOVED ONES.

REMOVES BLACK MAGIC, JADOO, WITCHCRAFT, EVIL SPIRITS & PROVIDES LIFELONG PROTECTION

100% RESULTS GUARANTEED

780-782-6149

INTERNATIONAL ASTROLOGER & PSYCHIC

Pandit: SEETHARAM

An Extraordinary Pandit at your Service, Specialist in Getting Rid Of BLACK MAGIC Permanently

BEST SOLUTIONS FOR YOUR BEST FUTURE

- Love Husband-Wife
- Relationship
- Marriage
- Court
- Teenage issues
- Job
- Money
- Health
- Jealousy
- Lucky Number
- Enemy
- Depression Promotion
- Business
- Sexual
- Personal Matters

MEET ME ONCE SEE THE CHANGES

Master Removes BLACK MAGIC Jadoo, Vodoo Tona Obeya Witchcraft & Gives 100% Lifelong Protection

I CAN HANDLE ANY KIND OF PROBLEMS

780-908-7176

LAKEWOOD ROAD NORTH
MILLWOODS ROAD

100% PRIVATE & CONFIDENTIAL

OPEN 7 DAYS • 9 AM TO 9 PM

EMPLOYMENT

INFINIQUE & NATURAL BEAUTY LTD O/A INFINIQUE ORGANICS

INFINIQUE & NATURAL BEAUTY LTD O/A INFINIQUE ORGANICS

IS LOOKING FOR ESTHETICIANS

STORE AT SHERWOOD PARK MALL,
2020 SHERWOOD DR, SHERWOOD PARK, AB T8A 3H9

F/Time, Perm, Shifts, Weekends. | Salary - $17.00 hourly
Skills requirements: good English, customer service oriented, Previous experience is an asset, on-the-job training is provided.
Education: Some high school | Credentials: Esthetician certification is required.

Main duties: Greet customers; Give facial and other body treatments using our products and techniques; Advice on beauty products suited to customers' skin type; Provide general information to customers on beauty products; Perform cashiering duties; Provide product demonstrations.

Company's business address:
179 Callingwood Pl Edmonton, AB T5T 2C6
Please apply by E-mail: infiniquegroup@gmail.com

CENNOVA URBAN SPACES INC. O/A CENOVA HOMES

Looking for CARPENTERS
Edmonton & Surrounding Area, AB.
Permanent, Full time (40 hours per week).
Wage - $30.00 per/h
Skill requirements: Experience 3-4 years, Good English
Education: Secondary school
Main duties: Read and interpret construction blueprints, drawings, specifications; Measure, cut, shape, assemble, and join lumber and wood materials; Prepare layouts, build different wood forms; Fit and install different trim items as required; Operate and maintain measuring, hand and power tools; Follow established safety rules and regulations; Supervise helpers and apprentices.

4908 75 Ave NW, Edmonton AB T6B 2X8 Please apply by E-mail: cenovagroup@gmail.com

---

ASTROLOGER & PSYCHIC READER

WORLD FAMOUS ASTROLOGER & FORTUNE TELLER

KNOW YOUR PAST, PRESENT & FUTURE

Pandith: SHIVA BABAJI

PALM READING ❊ FACE READING ❊ HOROSCOPE

PASSED DOWN FROM GENERATION TO GENERATION

IF YOU HAVE ANY PROBLEM, VISIT ME ONCE & GET IT SOLVED 100% GUARANTEED

Love Problems, Money Problems, Enemy Problems, Family Argument, Childless Couples, Business Problems, Jealousy, Property, Marriage, Sexual Problems, House Problems, Worried about Loved One, Husband / Wife Matters Etc.

PRIVATE & CONFIDENTIAL

100% REMOVAL OF BLACK MAGIC AND GIVE LIFE LONG PROTECTION

SPECIALIZED IN BRINGING BACK LOVED ONES

CALL NOW ! Open 7 DAYS 9 AM TO 7 PM

780-906-2846

45 Street at Intersection of 121 Ave NW Edmonton

FINANCIAL

$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

1-855-527-4368

credit700.ca

Call us or apply online

www.credit700.ca

DAILY REFRESHMENT

Edmonton metro

SHIVA PARVATHI

ASTROLOGER & SPIRITUALIST

INDIA'S FAMOUS ASTROLOGER FROM 11TH GENERATION

GURUJI: POOJA SHASTRY

SPECIALIST IN BRINGING LOVED ONES BACK

SHASTRY HAS 25 YEARS EXPERIENCE IN SOLVING PROBLEMS LIKE

HEALTH & SICKNESS	JOB / EDUCATION	DIVORCE
LOVE	HUSBAND & WIFE PROBLEMS	CURSES
BUSINESS	CHILDREN MISTAKES	LOTTERY
SEXUAL	BAD LUCK & NEGATIVITY	ETC

Visit To Know Past, Present And Future By Palm Reading, Face Reading, Horoscope

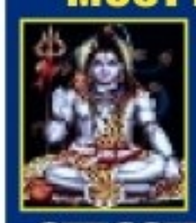
REMOVES BLACK MAGIC, EVIL SPIRITS, VOODOO, OBYEA, BAD LUCK, JINN, JADOO, WITCHCRAFT AND GIVES LIFE LONG PROTECTION

100% GUARANTEED RESULTS

780-862-6016

MILLWOODS, EDMONTON

MOST POWERFUL SPIRITUALIST & INDIAN PSYCHIC



MASTER: RAJ GURUJI

Palm Reader

OVER 25 YEARS OF EXPERIENCE | ALL RELIGIONS WELCOME!

GET SOLUTIONS & SUGGESTIONS FOR:

Depression, Family Problems, Jealousy, Enemies, Husband or Wife, Job, Business, Health, Court Cases, Sexual, Stress, Bad Luck, Generation Curses, House Protection, Financial Matters, Lottery, and Many More!

I SPECIALIZE IN BRINGING LOVED ONES BACK!

DON'T BE PART OF THE PROBLEM, BE PART OF THE SOLUTION!

SPECIAL PRAYERS FOR EVERY FULL MOON & DARK MOON

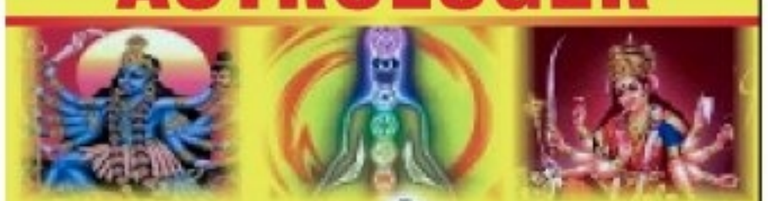
Performs very powerful prayers and Poojas to shake away darkness and remove black magic, Kala Jadoo, Voodoo, Witchcraft, Oheyah, Evil Spirits and More! GIVES LIFE LONG PROTECTION!

OPEN 7 DAYS A WEEK | 100% GUARANTEED RESULTS | PRIVATE & CONFIDENTIAL

CALL 780-224-8401

Near Millwoods Towne Center, Millwoods

WORLD FAMOUS INDIAN ASTROLOGER

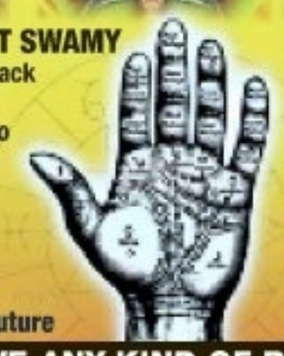


Pandith PUNEET SWAMY

100% removal of Black Magic, Evil Spirits, Vadoo, Obeya, Jadoo

- Palm
- Face
- Horoscrope
- Numerology
- Vastu Hastra

He can tell your Past, Present & Future



Get advice & Solutions in

- Love
- Marriage
- Career
- Work
- Business
- Family Problems
- Spiritual Effects
- Education
- Child Mistake Etc

CAN REMOVE ANY KIND OF BLACK MAGIC

CALL FOR AN APPOINTMENT

39th Ave. & 17 St. near RIOCAN Meadows, Edmonton

780-782-0249

CALL TODAY TO SEE YOUR AD IN THE SERVICE DIRECTORY

MAKE IT TONIGHT

Satisfying Egg Drop Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Hang up the phone! Forget bringing dinner in because this version of a traditional takeout soup has more heft thanks to the addition of asparagus. Plus it has cheese. Nothing trumps cheese.

Ready in 20 minutes
Prep time: 10 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 4 cups (950 ml) low sodium chicken broth
- 1/2 cup (120 ml) chopped asparagus
- 2 Tbsp (30 ml) unsalted butter
- 1/4 cup (60 ml) chopped onion
- 2 eggs, beaten
- 1/4 cup (60 ml) fresh grated Parmesan cheese, extra for garnish
- sea salt and pepper to taste

Directions

1. In a large pot, place butter, asparagus and onion. Saute until vegetables are soft but crisp. Add broth and bring to a simmer, allow to simmer for 5 minutes.

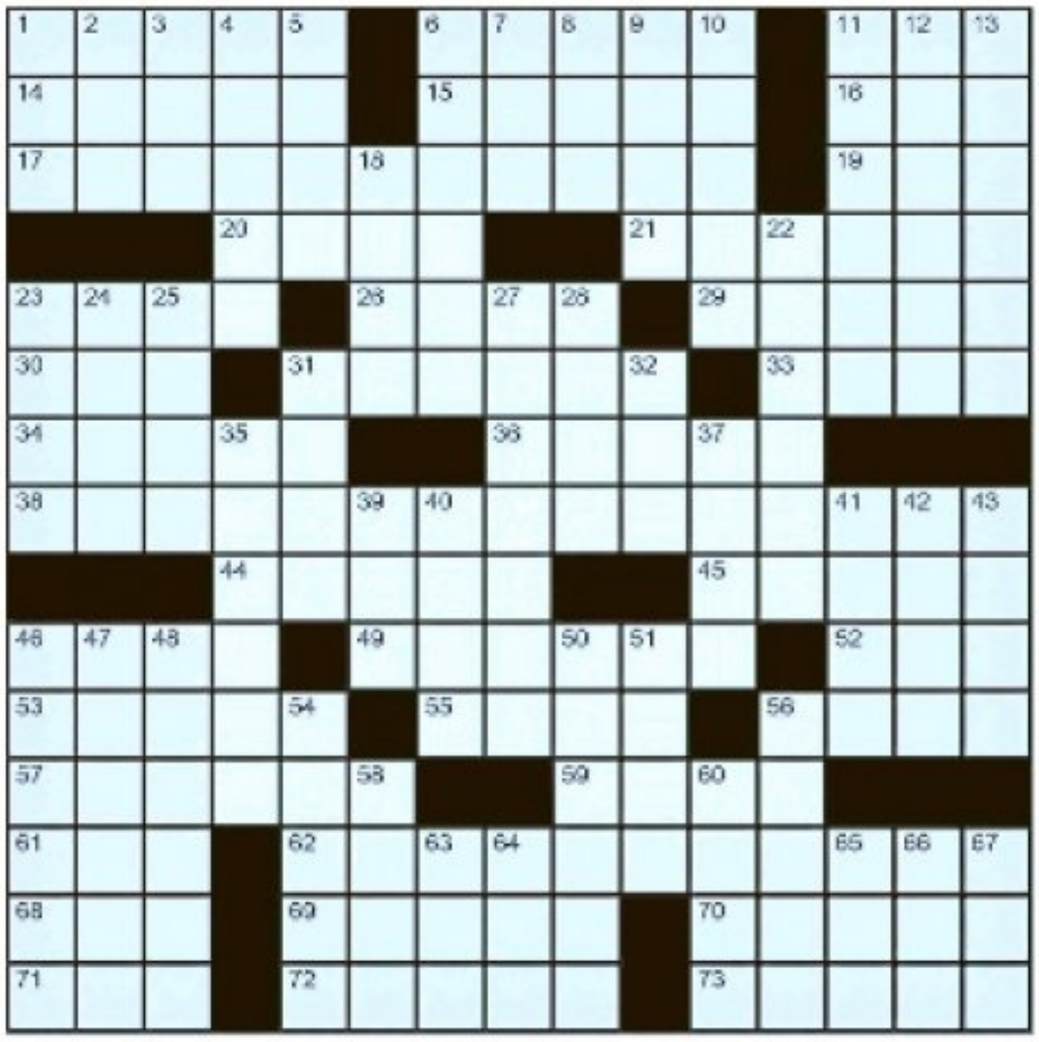
2. Meanwhile, beat eggs and add Parmesan cheese. Then drizzle eggs into broth. Lightly stir until eggs are cooked. Lower heat and allow to cook another 5 minutes.

3. Ladle into bowls, sprinkle top with Parmesan and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Recording artist Nicki of "Super Bass"
6. Cabbage Kids connector
11. Mr. Waxman's
14. Diner's initial request: 2 wds.
15. Honda luxury car
16. Cheers bartender
17. Long __ __ into Night (Eugene O'Neill play in which #62-Across starred in the 1996 filmed version)
19. Fashion designer Anna
20. Belonging to us
21. Bon Jovi's "We __ Born to Follow"
23. Unlock
26. Quick little times
29. Trench
30. Gun the engine
31. Ranch enclosure
33. Rather grey
34. Fish-holding basket
36. "The Little Mermaid" (1989) princess
38. Shakespeare's jolly knight: 3 wds.
44. White-plumed heron
45. Gambling card game
46. Country singer Mr. Church
49. Fitting/suitable
52. 'Pepper' add-on (Deli item)
53. Mr. Hall, Canadian game show host
55. Squirrel's nest
56. Coutler and Landers
57. Martin of "12 Angry Men" (1957)
59. Little bit of residue
61. Singer's trophy [acronym]
62. Canadian stage actor (b.1920 - d.2007) who performed at Stratford in roles including #38-Across: 2 wds.
68. Pastureland
69. __ record (Use the gramophone)
70. Ms. Van Doren
71. Cookies brand, __ Fields
72. Canadian Art: The Group of __
73. Skier's American destination

DOWN
1. "__ About You"
2. "__ little teapot..."
3. Napoleonic Wars marshal
4. "Happy Days" star Mr. Williams
5. Ms. Chang (ABC's "Nightline" co-anchor)
6. One using the TV clicker's temporary stoppage button
7. Horiz.
8. Large cask for wine
9. Movie's work force
10. Worked with bales on the farm, say
11. Holdings
12. "Failure to __" (2006)
13. Anvil-user's workshop
18. About: 2 wds.
22. Commercial area of Venice
23. Tolkien creatures
24. Ms. Gilpin
25. "At all?"
27. Artisan
28. Cake make, __ Lee
31. Drain problem
32. Comical Mr. Abner
35. What the pilot does before crashing
37. Behold
39. Minutes create them over time [abbr.]
40. Shortage
41. "Right Now (Na Na Na)" singer
42. "Twin Peaks" actress Sherilyn
43. Post-Thurs. days
46. Do mummy work
47. Wanderer
48. Mosaic components
50. Average
51. Vega constellation
54. Woof-woofs whiningly
56. Turkish honorifics
58. "8 __" (2002) starring Eminem
60. Jane Austen novel
63. Washroom, for short
64. Alkali
65. Official at the diamond, commonly
66. Affiliation
67. Perfect rating

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next four weeks, you will be more popular. You might join a club, group or organization. Enjoy being friendly!

Taurus April 21 - May 21
People in authority will admire you during the next four weeks. Because of this, you have an advantage. Go after what you want!

Gemini May 22 - June 21
If you can travel in the next four weeks, do so. Do anything that will expand your horizons, because you want adventure and a chance to learn something new.

Cancer June 22 - July 23
During the next four weeks, your focus will be on shared property, shared responsibilities and issues related to inheritances, insurance matters, taxes and debt.

Leo July 24 - Aug. 23
Partnerships and close relationships will be a strong focus for you during the next four weeks. You will find that you can reflect upon your style of relating with others and learn something from it.

Virgo Aug. 24 - Sept. 23
You will be eager to be productive and effective in everything you do during the next four weeks. That's why you will want to do an excellent job!

Libra Sept. 24 - Oct. 23
Fun vacations are tops on your menu throughout the next four weeks. If you can't get away on a vacation, then enjoy the arts, social outings, parties, sports events and playful times with kids.

Scorpio Oct. 24 - Nov. 22
During the next four weeks, your focus will turn to home, family and domestic issues.

Sagittarius Nov. 23 - Dec. 21
The pace of your days will accelerate during the next four weeks, because you will be busy taking short trips, running errands, talking to people and reading, writing and studying more. Busy you!

Capricorn Dec. 22 - Jan. 20
Your mind will be on money, finances and cash flow more than usual during the next four weeks. Trust your moneymaking ideas!

Aquarius Jan. 21 - Feb. 19
Because the Sun in your sign for the next four weeks, you have a chance to replenish yourself for the coming year. It also will attract favourable situations and important people to you.

Pisces
Feb. 20 - March 20
Work alone or behind the scenes throughout the next four weeks, because this will serve your best interests. It's a good time to make goals for the year ahead.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	8				2	4		3
1								
			1			7		6
		6		8	1			5
			4		7			
9			5	3		2		
7		3			9			
								1
8		5	6				4	

©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

Big Brothers Big Sisters
Dream Home 37th & WIN 50 LOTTERY
$1.2 MILLION GRAND PRIZE
FEBRUARY 1 EARLY BIRD #1 CUT-OFF DATE
DON'T MISS YOUR CHANCE AT $25,000
$25 each | 4 for $60 | 10 for $100 | 30 for $200
BigBrothersHomeLottery.org | CALL 1.877.483.8832

IS YOUR DEBT OVERWHELMING?
You have options. BDO can stop the harassing phone calls, and help you take control of your debt and your future.
CONTROL YOUR FUTURE
Licensed Insolvency Trustee
616 – 10216 124 Street NW, Edmonton, AB T5N 4A3
(780) 424-3434
BDO

GREAT PRICES are about to UNFOLD!

Plus apply for your Furniture Superstore credit card

and take advantage of our NO INTEREST Financing Options.

OAC - See store for details.

DEALS OF THE WEEK

Also Available In Black

ZUO WHITE SECTIONAL
Adjustable Headrests with Chaise and made with Genuine Bonded Leather. Also Available In Black.

$1249

Includes large Ottoman

VENUS SECTIONAL
Sectional with Chaise and Ottoman, adjustable head rest and back supports. Large ottoman and a hidden storage in the corner.

$1648

Also available in reverse configuration

JACKSON SECTIONAL
7 Piece Sectional with chaise. Features reclining chaise, two recliners and two consoles with cup holders. Also available in reverse configuration.

$1995

For all 8 Pieces

SERENA BEDROOM SET
8 Piece Queen Bedroom Set Includes: Queen Bed, Dresser, Mirror, Chest & 2 Night Stands.

$898

For all 8 Pieces

LOUIS WHITE BEDROOM SET
8 Piece Bedroom Set Includes: Queen Bed, Dresser, Mirror, Chest & 2 Night Stands.

$899

Furniture Superstore™.ca

Designer Furniture for Less

780-430-1999 • 3925-99 STREET